



The Balgowlah Boys Campus Newsletter

Principal's Report

Week 8 Term 4 2016

Some 4 years ago a parent sat with me and asked what my visions were for the school. Beyond the "core business" of engaging our boys with the best curriculum and teaching, I mentioned that I wanted to be able to provide the boys with a physical environment that they would be proud of, one that would enhance their learning and engagement.

That meeting was the beginning of "Inspire", a concept developed to bring the community together; parents, students, teachers and old boys to provide the "manpower" to improve the school surrounds. As funds would never cover the cost of a professional refurbishment. Four years on and we have made real inroads with a new fence, re-paint, entrance, quad area and now stage 3; the canteen quad!

The program's momentum has not diminished with a number of recent events at the school. Firstly, our art faculty led by Ms Sally Leaney and Mr Chris Boylan have introduced a Street Art unit into the year 10 curriculum. Students had the opportunity to work with a professional artist to study this genre of art. They also were given the background to the school improvement concept. The boys worked in groups and a final design was chosen. This week the students then actually constructed the design on the north wall of the Admin Block, as one of the finishing touches to the school entrance.



Almost complete the Year 10- 2017 contribution to inspire, "Create Success" street art piece.

Secondly, we have commenced work on the canteen quad area. I thank all those parents and friends that attended the working bee on 12 November, we had over 60 parents and students give their time to clean and clear the canteen quad area. Parents quickly removed green logs, plans and debris from in front of the Trade Training Centre in preparation for seating for our growing school. Other parents used gurneys to clean the concrete walls of the Library and G Block – this has had an amazing effect on the feel of this area already.

Parents and students bend their back at the Saturday Working Bee recently



Areas opened up so students could access

While thanking our community, could I again praise our fantastic P&C as it was on hand again to help prepare breakfast for the school's White Ribbon Day. Mr Grant Turner, from the White Ribbon Foundation spoke at the gathering to remind us of the horrifying statistics with regards to violence against women. The point was also made that we can all do something to change mindsets, such as not condoning negative commentary on females, particularly on social media. If we are not part of the solution, we are indeed part of the problem.



School Captains laid a wreath at Manly Cenotaph for Remembrance Day

TAS Faculty

Year 7- Scenes from around the Trade Training Centre



RESPECT | RESPONSIBILITY | EXCELLENCE





Year 9 Food Technology

Year 9 Food Technology students have currently been learning about Food for Service and Catering. They had a recent practical assessment where they had to design, produce and present a two course meal. The design brief had a few restrictions for the students to overcome. Each group had a \$20 budget, the main meal had to include mince and the dessert had to contain chocolate. There was a huge variety of meals created. The boys did a fantastic job.





White Ribbon Day Fundraiser

Students from Year 9 and 10 Food Technology classes made over 150 cupcakes to help raise money for White Ribbon Day. The boys learnt different piping techniques to ice the cupcakes.



VET Hospitality

Stage 6 Vet Hospitality students recently catered for a staff morning tea as part of their Cluster D Assessment Task. Each student had to prepare and make a salad, sandwich and appetiser to cater for at least 10 people. The boys learnt some excellent skills and produced some exquisite dishes



Wellbeing News



A fantastic event and so amazing to see so many parents at breakfast on Friday! Thank you so much to all of the members of our school community who made this event possible, students, staff, parents, the P & C and also to our White Ribbon Ambassador, Stuart Turner. We raised \$500 for White Ribbon Australia and \$682 for the Manly Women's Shelter. We really appreciate the generous donations and also the family members who came along with their sons to not only raise money but also to raise awareness of this issue of violence in our society. Thank you also to Matt de Groot and Chris Boylan for their presentations at assembly during the week. They both had very powerful messages and we appreciate their time in sharing them with us.



Photography by Jimmy Godfrey-Smith and David Lund, Year 8

Year 10 Reach Workshop and Man Up Presentation

Following on from the White Ribbon Breakfast, the Year 10 boys participated in a Reach Foundation workshop on Masculinity. Some of the boys painted their nails and challenged the stereotypes of masculinity. Also, a really big thank you to Gus Worland for coming to speak to the boys about his experiences with filming Man Up.



Year 9 Goodfellas Masculinity Workshop and Parent Seminar

Thank you so much to all of the parents who came to listen to Danni Miller cover some important topics for boys – disengagement from school, the pressure to look buffed, feeling like they cannot express the full range of emotions, fall outs with their mates, limiting gender stereotypes, all issues plaguing our boys. This was a follow up to the workshop the boys had participated in the week prior. We have received very positive feedback from the boys with 74% of students who attended rating the presentation “very good” or “excellent”. Also, a big thank you to Laura Duncan!

Goodfellas™
Conversations with young men that matter.

Mental Health & Wellbeing Newsletter

Cyberbullying is any kind of bullying or harassment done using technology. It's really difficult because it can be public, hard to take down, or affect you at home. There are a lot of things it could be, and it can affect people in a lot of different ways. Take 5 minutes to skill up on how to protect yourself



Cyberbullying – what it is and why it's difficult

Cyberbullying is bullying that is done through the use of technology, for example, using the Internet, a mobile phone or a camera to hurt or embarrass someone. It can be shared widely with a lot of people quickly, which is why it is so dangerous and hurtful.

Why is cyberbullying so bad?

- A lot of people can view or take part in it.
- It is often done in secret with the bully hiding who they are by creating false profiles or names, or sending anonymous messages.
- It is difficult to remove as it is shared online so it can be recorded and saved in different places.
- It is hard for the person being bullied to escape if they use technology often.
- The content (photos, texts, videos) can be shared with a lot of people.
- This content may also be easy to find by searching on a web browser like Google.

What does cyberbullying look like?

- Being sent mean or hurtful text messages from someone you know or even someone you don't know.
- Getting nasty, threatening or hurtful messages through social networking sites like Facebook and Twitter, or through sites where people can ask/answer questions like Formspring or internet forums.
- People sending photos and videos of you to others to try and embarrass or hurt you.
- People spreading rumours about you via emails or social networking sites or text messages.
- People trying to stop you from communicating with others.
- People stealing your passwords or getting into your accounts and changing the information there.
- People setting up fake profiles pretending to be you, or posting messages or status updates from your accounts.

How it can affect people

- Feeling guilty like it is your fault.
- Feeling hopeless and stuck like you can't get out of the situation.
- Feeling alone, like there is no one to help you.
- Feeling like you don't fit in with the cool group.
- Feeling depressed and rejected by your friends and other groups of people.
- Feeling unsafe and afraid.
- Stressed out wondering what to do and why this is happening to you.

What to do about cyberbullying

Keep a record of the bullying.

You can also report cyberbullying online to the [eSafety Commissioner](#) or [report the bullying on different social media websites](#).

- Try your hardest not engage with the bullying by responding to it. People who bully others are often looking for a response to know that they have affected you.
- Talk to someone you trust about what is going on and how you feel about it. Opening up not only allows for support, but helps you feel less alone about what's going on.
- Log out and stop messaging if you feel you are being harassed.

How to protect yourself

Don't share your private information like passwords, name and address, phone numbers with people you don't know. Be cautious about sharing photos of yourself, your friends and your family.

Remember to set up the privacy options on your social networking sites like Facebook in a way you are comfortable with.

What can I do now?

- Keep a record of what has been said and done online
- Talk to someone about what's going on
- <http://au.reachout.com/using-social-networking-sites-safely>
And most importantly, a simple message for our children

If you wouldn't do it in the real world, don't do it in the online world!

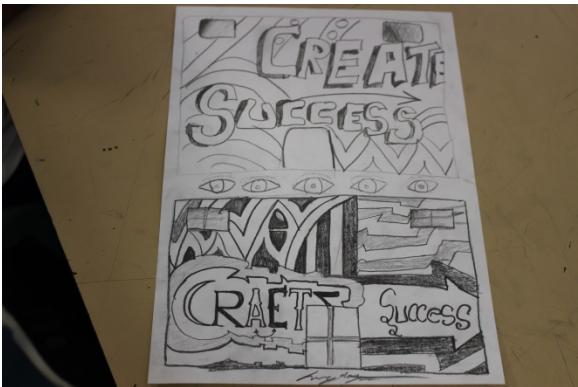
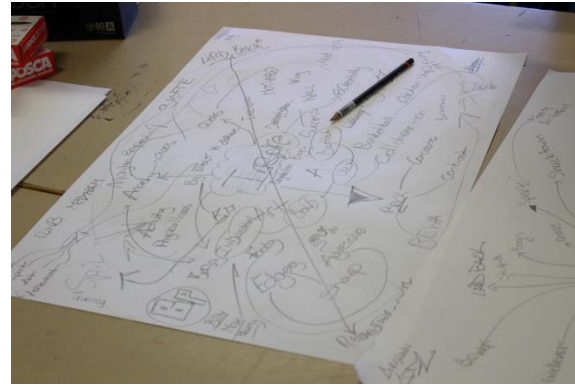
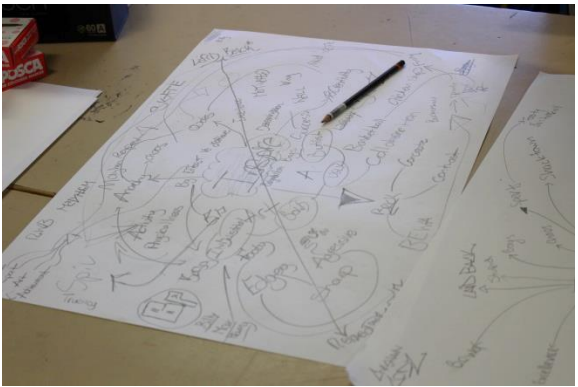
Year 10 Mural Project

On the 24th November Year 10 Visual Arts students, as well as selected Year 8 and 9 students, attended the first of three 'Inspire' Mural Project workshops with street artist and ceramicist Angus Gardner. Students worked in the art rooms design an inspiring mural for the Writer's Walk at the front of the school. Plans are going very well indeed.

Thursday 1st December will see students attend the second workshop where they will practise their painting skills using high quality aerosols on large scale boards. Students will then work with the artist to paint the large wall of the Writer's Walk.

Stay tuned for updates on our Instagram page [@artatbally](#).



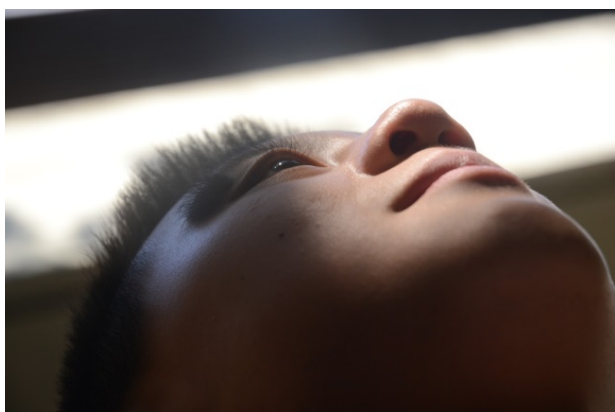
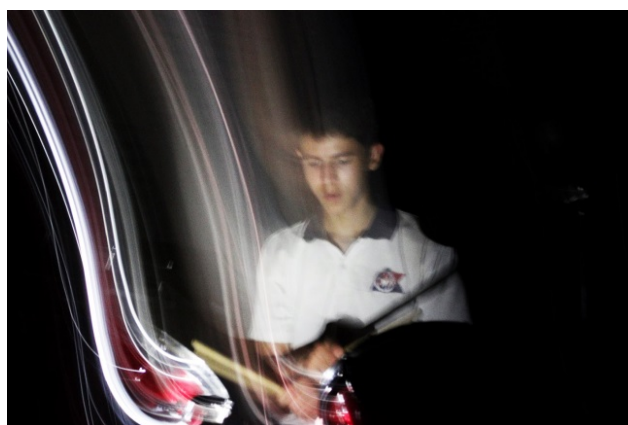


Photography Club

Photography Club has been very well-attended this term with the boys completing some very interesting work. They have spent time building their own websites to showcase their works, and they are also investigating the portrait as a way of communicating the personality of a person through photography.

Our team of boys have fantastic skills which are being utilised in within the broader context of the school environment. Students are able to respond to expressions of interest from other teachers in the school to photograph events such as assemblies, sporting events, special projects, etc. Students are developing their professional photography skills and are learning to respond to client briefs.

Please see the White Ribbon Day section of this newsletter to see photographic documentation of White Ribbon Day 2016 taken by David Lund and Jimmy Godfrey-Smith.



Library Lines

With approximately 900 books on the current NSW Premiers Reading Challenge 2016 available in our school library, it is not surprising that so many completed the task of reading twenty of the listed books.



Congratulations to the following students:

Year 7

Maxime Atkinson de la Ferrier
Mitchell Bennett
Isaac Brighton
Mack Calder
Gordon Carroll
William Dixon
Joseph Doyle
Tom Ellis
Jordon Hatch
Issac Kao
Ewan MacKechnie
Thomas McLean
Noah Moss

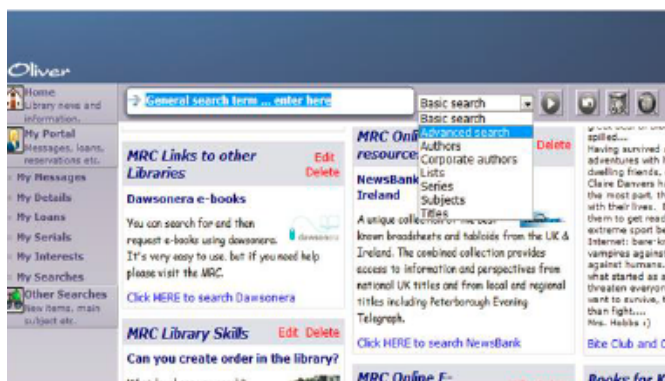
Sean Oikawa
Paul Pham
Lachie Phillips
Jack Polkinghorne
Cooper Robinson
Jack Roche
Patrick Ruffner
Jackson Scott
Steven Stavrellis
Boston Stead
Josh Turner
Jake Vernon

Year 8

Max Faulkner
Hamish Kemmers
Rafael Mamott
Jack Rodgers

Year 9

Jack Evans



It is time now to start reading for next year's challenge! To make it easier, the Library now has a new on-line program – OLIVER.

All students and staff have access to this program through their portal. Look for 'My School Library' and you will have access to searching for all resources held in our school library. All books on the NSW Premiers Reading Challenge list are prefixed with PRC.

Remember, although twenty books are the goal, five of these may be of your own choice. This means from both the wider fiction section and non-fiction section. Non-fiction books now have a prefix NON before the

Dewey Decimal Number. For example, '*Knights and Castles*' is **NON 940.1 OSB**. Many of the resources are listed along with a picture of the book which makes it finder-friendly. All resources are identified as 'book, magazine, eBook, website etc.' When searching, basic and a variety of advanced and specialised searches are possible. By typing in a subject area, resources will appear in a list. For example, when typing in 'gold' and then the search arrow, a list of 49 possible resources are listed, ten per page.

The home page also offers carousels of newly-added resources, a featured author, a link to a video, 'Searching the Library' and links to reading lists. During the coming term, all students will be directed to our new program and to the direct links to other on-line resources.

Library and text books are valuable and much needed resources. Emails have been sent to all students with overdue loans although this should not be necessary as the due date is clearly stamped in the back of each book. Students are always given a final warning with a period of amnesty. When time runs out, detentions are issued. If in the event it is time for 'Spring Cleaning' at home, please keep an eye out for the odd Library or text book and encourage its return. All returns are greatly appreciated.

Joy Jones

Teacher-Librarian

Mth	Wk	Date	MONDAY	Date	TUESDAY	Date	WEDNESDAY	Date	THURSDAY	Date	FRIDAY
OCT	1A	10 Oct	Term 4 Starts Students Return HSC Extension Courses Begin	11 Oct	Yr12 AH	12 Oct	Faculty Meeting	13 Oct	Learning Support Meeting (L) All Schools Athletics HSC Written Exams Start	14 Oct	
OCT	2B	17 Oct	Year 11 reports to HT	18 Oct	Sports Achievement Assembly Welfare Team Meeting (L) P&C Meeting 7:30pm P/HS Band Music Day	19 Oct	HSC Written Exams Staff Meeting	20 Oct	HSC Written Exams ICT Committee Meeting (L)	21 Oct	HSC Written Exams Year 11 reports to YA Prefect Leadership Conference
OCT	3A	24 Oct	HSC Written Exams TPL Evening 3:30-6:30pm Primary School Visits	25 Oct	HSC Written Exams Primary School Visits	26 Oct	HSC Written Exams Faculty Meeting Primary School Visits	27 Oct	HSC Written Exams Open Cricket ko	28 Oct	HSC Written Exams Newsletter Items Due Yr 7 Vaccinations 3
OCT	4B	31 Oct	Primary School Visits Principal Tour BBC Confidential Due HSC Written Exams Year 11 Study Day 9-1pm	1 Nov	Primary School Visits HSC Written Exams	2 Nov	Staff Meeting Primary School Visits HSC Written Exams	3 Nov	Learning Support Meeting (L) BBC Confidential Distributed HSC Written Exams End Year 9 Science excursion	4 Nov	Newsletter Distributed
OCT/ NOV	5A	7 Nov	PBEL Meeting 3:30-4:30pm Yr 7 Assessment Period Yr 9 Assessment Period	8 Nov	Welfare Team Meeting (L) Yr 7 Assessment Period Yr 9 Assessment Period	9 Nov	Faculty Meeting Yr 7 Assessment Period Yr 9 Assessment Period US Election Day HSIE	10 Nov	ICT Committee Meeting (L) Yr 7 Assessment Period Yr 9 Assessment Period	11 Nov	☛ Remembrance Day Yr 7 Assessment Period Yr 9 Assessment Period Year 7-10US Presidential Day
NOV	6B	14 Nov	TPL Meeting 3:30-4:15pm Yr 10 Assessment Period Yr 8 Assessment Period	15 Nov	Welfare Conference Yr 10 Assessment Period Yr 8 Assessment Period P&C Meeting 7:30pm Nth Beaches Careers Advisors Meeting Common room	16 Nov	Staff Meeting Yr 10 Assessment Period Yr 8 Assessment Period	17 Nov	Yr 10 Assessment Period Yr 8 Assessment Period Faculty CANVAS Training Short Sharp Dance Comp.	18 Nov	Yr 10 Assessment Period Yr 8 Assessment Period Newsletter Items Due Faculty CANVAS Training
NOV	7A	21 Nov	Yr 7 Reports to HT Yr 9 Reports to HT Lemon Car Activity 10's and 11's White Ribbon Week Senior Workplacement	22 Nov	Ext St 1:30-3:30 White Ribbon Week Senior Workplacement	23 Nov	Faculty Meeting Peer Support Nominations Ext St 1:30-3:30 White Ribbon Week Senior Workplacement	24 Nov	Learning Support Meeting (L) Year 5 Showcasing Excellence Day (Formerly "Taster" Day) Ext St 1:30-3:30 Ext St Evening White Ribbon Week Senior Workplacement Yr10 Mural painting Transistion support	25 Nov	Year 7 - 12 Places to DP Newsletter Distributed Yr 7 Reports to YA Yr 9 Reports to YA Yr10 White Ribbon MT White Ribbon Week Senior Workplacement
NOV/ DEC	8B	28 Nov	Conquest of the World HSIE Principal Tour Yr 7 Reports to DP Yr 9 Reports to DP Yr 10 Reports to HT Yr 8 Reports to HT VET Teachers meeting	29 Nov	Welfare Team Meeting (L) ABW Conquest of the World HSIE Transistion support	30 Nov	Staff Meeting Yr 7 – 10 Places to HT/DP ABW Conquest of the World HSIE	1 Dec	ICT Committee Meeting (L) Principal's Morning Tea ABW Conquest of the World HSIE Finance Rollover 7,8&9 All Schools Transistion support	2 Dec	Merit Day Out ABW Conquest of the World Yr 10 Reports to YA Yr 8 Reports to YA
DEC	9A	5 Dec	TPL Evening 3:30-6:30pm Yr 7 Reports to Office Yr 9 Reports to Office Peer Support Leader Training Yr 10 Reports to DP Yr 8 Reports to DP	6 Dec	Year 7 2017 Orientation Day Year 10 Formal Peer Support Leader g Year 8 maths / Luna Park Year 7 Science to Manly Year 10 Wet and Wild	7 Dec	Faculty Meeting Summer Band Tour	8 Dec	Summer Band Tour	9 Dec	Summer Band Tour Newsletter Items Due (Seaforth Kindy-Hall Sat) Yr 10 Reports to office Yr 8 Reports to office Multi- Cultural Day
DEC	10B	12 Dec	Presentation Day 9:30am	13 Dec	P&C Meeting 7:30pm Hip Hop Workshop - Dance	14 Dec	Staff Meeting	15 Dec	Newsletter Distributed English Planning Day	16 Dec	Year 12 Morning Tea HSC Results Released Last day students End of Term 4
DEC	11	19 Dec	Staff Development Day 4	20 Dec	Staff Development Day 5						